Report on World No Tobacco Day

The World Health Organization in 1987 adopted the resolution for the creation of a global observance day dedicated to the control of tobacco use. The first World No Tobacco Day was observed on May 31, 1988. The theme of the inaugural year was, "Tobacco or Health: Choose Health.

The Member States of the WHO created World No Tobacco Day in 1987 to draw global attention to the tobacco epidemic and the preventable death and disease it causes. The day is further intended to draw attention to the widespread prevalence of tobacco use and to negative health effects, which currently lead to more than 8 million deaths each year worldwide, including 1.2 million as the result of non-smokers being exposed to second-hand smoke. The day has been met with both enthusiasm and resistance around the globe from governments, public health organizations, smokers, growers, and the tobacco industry.

Essay writing competition been held on World No Tobacco Day in Collaboration with District Health and Family Welfare Department.

Report on Emergency Dial 112

An initiative of Govt. of India under the Nirbhaya funds scheme for ensuring safety of women and children

Emergency Response Support System (ERSS) is a Pan-India single number (112) based emergency response system for citizens in emergencies. Each State/ UT is required to designate a dedicated Emergency Response Centres (ERC) to handle emergency requests. If you require emergency assistance from Police, Fire & Rescue, Health and other services, you may

Dial 112 from your phone;

Press power button on your smart phone 3 times quickly to activate Panic call;

In case of feature phone, long press '5' or '9' key to activate Panic call;

Log on to State ERSS website and place your SOS request;

Email SOS alert to State ERC; and

Use 112 India Mobile App (available in Google Playstore and Apple store) to activate a panic call to ERC

Report on Traffic Rules and Road Safety Awareness Programme

Every step we take in life has a set of rules. Likewise, road safety has a few regulations, and they are very important for us to follow for keeping us safe while driving. Let us learn fundamental road **safety rules** by reading BYJU'S road safety awareness essay. The first road safety rule is to keep your eyes on the road. If you are driving, it is crucial that you pay attention to the road in front of your car and don't allow your mind to wander. Driving needs focus and concentration, so you should make sure that you take breaks when your brain starts to feel tired or if something distracts you.

Moreover, one must follow these rules that include removing distractions from the eyes, hands, and mind while driving, using turn signals, and signalling before changes in speed or direction. Following the road safety rules alongside **safety in daily life** helps us stay safe.

Other road safety rules are to obey all traffic signals like stop signs, red lights etc., wear seatbelts/helmets, maintain the speed limit and safe distance, don't drink & drive, and also don't drive without having a driving licence.

Report on Free Dental Check Up and Awareness Camp

A routine dental checkup is when your professional dentist gets to check your overall oral health for dental decays, or any other troubled areas. It is advised that you get dental checkups every six months. This helps reduce any dental problems that may in time cause invasive treatment costs

Preventative Care: Regular dental checkups help prevent dental problems from occurring in the first place. This includes preventive measures such as fluoride treatments and sealants. Improved Oral Health: With regular dental checkups, you can maintain good oral health and prevent issues such as gum disease and tooth decay.

Shetty Institute of Technology collaborated with a team of senior dentists from ESIC hospital led by Dr M D Shareef HOD and Dr Ranjitha S Tutor ESIC dental college and hospital Kalaburagi to organize a free dental check up and awareness camp at Shetty Group of Institutions campus.

Report on save soil

Save soil initiative at Shetty Institute of Technology by NSS coordinators in collaboration with Esha Foundation.

Save Soil is a global movement launched by Sadhguru, to address the soil crisis by bringing together people from around the world to stand up for Soil Health, and supporting leaders of all nations to institute national policies and actions toward increasing the organic content in cultivable Soil. Thriving, living soil is vital to life. Hence it is everyone's responsibility to save the soil of our earth so that we can stop FOOD CRISIS WATER SCARCITY

LOSS OF BIO-DIVERSITY

CLIMATE CHANGE

LOSS OF LIVELIHOOD

CONFLICT AND MIGRATION